# BEYOND BOW Backcountry Ski Adventure

February 27-28, 2016
Exit Glacier, Seward



Overnight Backcountry Ski Trip to Exit Glacier cabin located on the Herman Leirer Road in Seward.

- Enjoy back country skiing with a pulk (sled).
- Gain winter cabin camping experience.
- Learn packing and gear tips for the backcountry.



COST: \$125

Includes Instruction, Lodging, Program Materials, Breakfast & Dinner.



#### **PREREQUISITES:**

- Intermediate cross country skier with the ability to ski on varied terrain for a duration of 3 hours.
- If you do not have your own pulk, you can rent one from REI or contact Patti or Mary for other options.



### REGISTRATION:

- Pre registration is required, application attached.
- Space is limited to 6 participants, so sign up early!



For More Information
Please Contact:

Patti Berkhahn (907) 394-0008 pgberkhahn@gmail.com

Mary King (907) 394-2941 kenaimtns@gmail.com







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# Agenda:

#### February 27, 2016 Meet in Seward

- 10:00 AM Meet in Safeway at the coffee shop
- 10:15 AM Caravan to trailhead
- 10:30 AM Sled packing guidelines and begin ski
- 12:00 PM Lunch Break
- 4:00 PM Arrive Exit Glacier Cabin
  - cabin preparations
  - unpack
- 6:00 PM Dinner
- 7:00 PM Roundtable gear discussion
  - show & tell
  - knot tying

#### February 28, 2016

- 8:00 AM Breakfast
- 10:00 AM Morning ski
- 12:00 noon— Snacks, pack up, clean cabin
- 1:00 PM Ski out....
- 5:00 PM Arrive trailhead, goodbyes...

#### **Contacts:**

Please contact Patti Berkhahn (907) 394-0008 or Mary King (907) 394-2941 if you have any questions regarding what you should bring or if you have any special needs, including dietary.

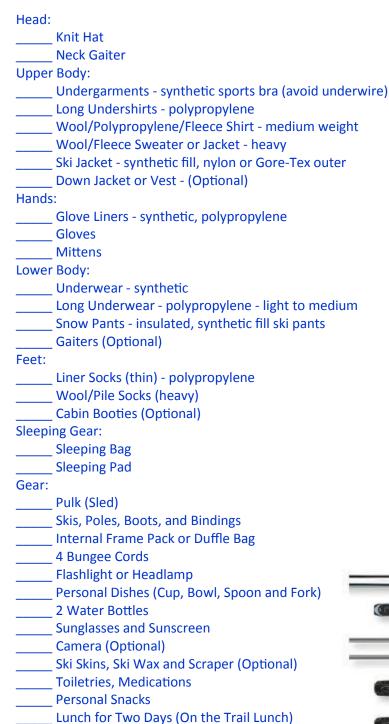


#### **What to Bring:**

#### The instructors will provide the following items:

- First Aid Kit
- Cooking Gear
- Breakfast, Dinner and Beverages.

#### Clothing & Gear required by participants:















# Registration Form Beyond BOW Backcountry Ski Adventure February 27-28, 2016 Exit Glacier Seward, Alaska Workshop Fee is \$125

Only one person may register per form. Please photocopy both pages for additional registrations.

First Name	Last	: Name
		Zip
Cell Phone		
Do you have your ov	vn pulk sled?	
Method of Payment (check o	option 1 or 2)	
	nade payable to OHFA (Outdoor Heritag	ge Foundation of Alaska)
	de payable to OHFA (Outdoor Heritage F	
Name		
EXP Date	CVC	
Signature		
Emorgonsy Contact Namo		
the workshop you will receive a		are agreeing to these terms! If you cancel more than 30 days prior to ancel 15-30 days prior to the workshop we will keep 50% of the and will be issued.
	Waiver and Rele	lease Form
activity. I acknowledge there are ri Woman participants and I agree to activities connected or associated w Woman and its officers, agents, se	isks of physical injury or illness during this activit o assume the full risk or any injuries, damages or with this program. I waive and relinquish all clair rvants and employees from claims from injuries,	ent which may be deemed advisable in the event of injury or illness during the ity. I acknowledge there are risks of physical injury to Becoming an Outdoor. It loss, regardless of severity, which I may sustain as a result of participating tims that I, my insurer or my family may have against Becoming an Outdoor. It damages, or loss which I may have or which accrue to me an account of may be applicant is 18 years of age (or will be prior to February 27, 2016).
Parental Signature		Date
	Photo Rele	lease
Participants understand that photog	graphs may be taken during the sessions and may l	be used in future support of the Becoming an Outdoors-Woman Program.
Parental Signature		Date

Please complete and mail registration form with payment to: Checks payable to: Outdoor Heritage Foundation of Alaska (OHFA)

Send to: ADF&G ATTN: BOW HIT 333 Raspberry Road Anchorage, Alaska 99518

Registration forms with credit card payment can be faxed to 907-267-2323 or emailed to <a href="mailto:dfg.dwc.southcentralbow@alaska.gov">dfg.dwc.southcentralbow@alaska.gov</a>